

Missouri Assessment Program  
Spring 2001

Health/P.E.  
Released Items  
Scoring Guide  
Grade 9

**Item 18**  
**Page 8**  
**Session 1**  
**2 Points**

**Key Elements:**

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cardiovascular endurance (aerobic)

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flexibility

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muscular strength

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muscular endurance

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kinesthetic awareness

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coordination

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agility

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balance

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power

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speed

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reaction time

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body composition

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**Score Points:**

2 points = 2 key elements

1 point = 1 key element

0 points = other